

PIEDMONT PLUS SENIOR GAMES (PPSG) LOCAL GAMES 2018 OFFICIAL ENTRY FORM

Thank you for participating in the 2018 Piedmont Plus Senior Games.
We look forward to your participation in this celebration of fun, fellowship and fitness!

Please review the Local Games Information Packet **BEFORE** completing this form

You may enter the Piedmont Plus Senior Games and SilverArts online by going to torch.ncseniorgames.org. You will be asked to provide a user name and password. If you registered on line in 2017 the user name and password will be the same. This service is **FREE** at the local games or all athletes and artists.

As you prepare this Entry form, make sure you:

- Complete all the PERSONAL INFORMATION section.
For doubles events, your partner's name is required.
For team sports, your Team name is required.
- CHECK ALL THE ACTIVITIES in which you want to participate.
- If you are participating in the Heritage, Visual or Performing Arts categories of SilverArts, you must submit the required SILVERARTS INFORMATION FORM with this Entry Form by Friday, March 30th.

THIS FORM IS COLOR CODED



Information for everyone



Information for athletes



Information for SilverArts

You will receive your confirmation email or letter and schedule by Friday, April 6th. If you do not, you should contact Chuck Vestal at 336-727-2325.

The Piedmont Plus Senior Games is committed to creating a healthy and safe environment for all participants, staff and spectators. We request that every participant consult his/her doctor in regard to preparation for, and competition in, Senior Games or any similar activity.

Per NCSG rules a participant's age on December 31, 2018 determines the age category in which they will compete. Each participant must be prepared to provide proof of NC residency for a minimum of three consecutive months in 2018.

All activities will be held in a tobacco-free environment.

This Entry Form must be received by the PPSG by 5:00 p.m. on Friday, March 30 or by 5:00p.m. Tuesday, February 27 to meet the early bird deadline. Printed or copied entry forms are accepted if completed properly

MAIL TO:

Winston-Salem Recreation & Parks Department
ATTN: Piedmont Plus Senior Games
2301 N. Patterson Ave
Winston-Salem, NC 27105

I have read and understand the above registration information and understand that I must have a photo ID to check-in at all events each day.

Signature Required: _____ (1 of 3)

Your signature is also required TWICE MORE on the back page of this packet (liability waiver and the State Finals Acknowledgement statement).

This program is sanctioned by North Carolina Senior Games, Inc. NCSG is sponsored by the North Carolina Division of Aging and Adult Services.

PERSONAL INFORMATION

Please print clearly in INK, Future correspondence will be mailed to this address.

First Name _____ **MI** _____ **Last Name** _____

--	--	--	--

Mailing Address (PO Box or Street Address) _____ **Daytime Telephone (Please Include Area Code)** _____

--	--	--

City _____ **State** _____ **Zip Code** _____

	N C	
--	-----	--

Date of Birth (Month/Day/Year) _____ **Gender (Check appropriate box)** _____ **Age as of December 31, 2018** _____

1	9		Male	Female		
---	---	--	------	--------	--	--

Email address for quick and easy communication

--

T-SHIRT SIZE

S	M	L	XL	2XL	3XL	4XL	5XL	6XL	No shirt	

Please provide this information to help us. IT WILL BE KEPT CONFIDENTIAL. Thank you.

How did you hear about us: (PLEASE CHECK ALL THAT APPLY)

- | | |
|--|---|
| <input type="checkbox"/> I am a returning participant | <input type="checkbox"/> Community Event (YMCA, Church, Club) |
| <input type="checkbox"/> WTOB Radio | <input type="checkbox"/> Social Network _____ |
| <input type="checkbox"/> Internet/Website: _____ | <input type="checkbox"/> Email _____ |
| <input type="checkbox"/> Friend or family member (Name: _____) | <input type="checkbox"/> Other _____ |

ENTRY FEE REQUIRED FOR ALL PARTICIPANTS: (SilverArts Participants as Well)

\$ _____ \$12 Must be received by the registration deadline March 31 (\$10 for Early-Bird Deadline February 27)

Check the appropriate box for activities you would like to participate in.

EVENTS - Some events require a fee in addition to the above Entry Fee. See page 2 of the Info Packet for more information.

INDIVIDUAL SPORTS

- \$ no fee **Archery - Limit 2 events**
 - Conv-Recurve w/ sight
 - Conv-Recurve w/ sight & Release Aid
 - Conv - Recurve Bare Bow
 - Comp-w/ sight and Release Aid
 - Comp - Bare Bow
 - Comp - w/ sight
- \$ no fee **Basketball Shooting**
- \$ no fee **Bocce**
- \$7/event **Bowling** (# events _____ x \$7)
 - Singles
 - Dbls - Partner's Name (Required): _____
 - Mxd Dbls - Partner's Name (Required): _____
- \$ no fee **Cycling** 1 Mile 5 K 10 K
- \$ no fee **Discus**
- \$ no fee **Football Throw**
- \$ 22.00 **Golf** (a minimum score is required to qualify for the NC Senior Games in addition to receiving a medal)
- \$ no fee **Long Jump - Running**
- \$ no fee **Long Jump - Standing**
- \$ no fee **Shotput**
- \$ no fee **SilverStriders Fun Walk*** (Local Only)
- \$ no fee **Softball Throw**
- \$ no fee **Badminton**
 - Dbls - Partner's Name (Required): _____
 - Singles
 - Mxd Dbls - Partner's Name (Required): _____

EVENT AND PAYMENT INFORMATION

\$ no fee

Track Events

100 M Dash

200 M Dash

400 M Dash

800 M Run

50 M Dash

1500 M Run

5K Run

10K Run

1500 M Race Walk

\$ no fee

Swimming. Limit of six (6) events. (Note that the 25yd events will NOT be NCSG events)

5K Race Walk

<input type="checkbox"/> 100 yd IM	<input type="checkbox"/> 25 yd Breaststroke	<input type="checkbox"/> 25 yd Backstroke	<input type="checkbox"/> 25 yd Butterfly	<input type="checkbox"/> 25 yd Freestyle
<input type="checkbox"/> 200 yd IM	<input type="checkbox"/> 50 yd Breaststroke	<input type="checkbox"/> 50 yd Backstroke	<input type="checkbox"/> 50 yd Butterfly	<input type="checkbox"/> 50 yd Freestyle
<input type="checkbox"/> 400 yd IM	<input type="checkbox"/> 100 yd Breaststroke	<input type="checkbox"/> 100 yd Backstroke	<input type="checkbox"/> 100 yd Butterfly	<input type="checkbox"/> 100 yd Freestyle
	<input type="checkbox"/> 200 yd Breaststroke	<input type="checkbox"/> 200 yd Backstroke	<input type="checkbox"/> 200 yd Butterfly	<input type="checkbox"/> 200 yd Freestyle
				<input type="checkbox"/> 500 yd Freestyle

\$ no fee

Petanque (SINGLES ONLY)

\$ no fee

Billiards

\$ no fee

Corn hole (SINGLES ONLY)

\$ no fee

Croquet

\$ no fee

Horseshoes

\$ no fee

Racquetball (SINGLES ONLY)

\$ no fee

Shuffleboard

\$ no fee

Pickleball (one player of each doubles team and all singles players must be a resident of Forsyth or Stokes counties)

Singles Dbls - Partner's Name (Required): _____

Mxd Dbls- Partner's Name (Required): _____

\$ no fee

Table Tennis

Singles

Dbls Partners Name: _____

Mxd Dbls - Partner's Name: _____

\$ no fee

Tennis

Dbls - Partner's Name: _____

Mxd Dbls - Partner's Name: _____

TEAM SPORTS

***Required Information**

\$ no fee

Basketball 3-on-3: Team Name* _____ Captain's Name* _____

\$ no fee

Softball Tourn: Team Name* _____ Captain's Name* _____

SILVERARTS

Please ensure that your SilverArts Identification Card is securely attached with delivery (Heritage/Visual). All categories EXCEPT Literary must submit SilverArts Information Form with entry.

\$ no fee

Heritage Arts: Please see specific category requirements for compliance.
(# entries _____)

Basket Weaving

Jewelry

Pottery

Stained Glass

Weaving

China Painting

Knitting

Quilting

Tatting & Needlelace

Woodcarving

Crocheting

Needlework

Rugs

Tole/Dec Painting

Woodworking

Wall Hangings(Local Only)

Woodturning

\$ no fee

Visual Arts: Please see specific category requirements for compliance.
(# entries _____)

Acrylics

Drawing

Mixed Media

Oil

Pastels

Photography

Sculpture

Watercolor

Adult Coloring* (Local Only)

\$ no fee

Literary Arts: **Must enclose literary submission with Entry Form (Presentation Copy + 3 Judge Copies) by March 30.** Please see specific category requirements for compliance.
(# entries _____)

Essay (Title): _____

Life Experience: _____

Poem: _____

Short Story: _____

My Favorite Memory (Local Only): _____

\$ no fee

Performing Arts – Act Leader must fill out and enclose the SilverArts Performing Arts Information Form.

Only residents of Forsyth and Stokes Counties may participate in the PPSG performing Arts.

\$ no fee

Cheerleaders - Head Cheerleader must enclose the group's SilverArts Performing Arts Information Form.

Closed to residents of Forsyth and Stokes Counties

\$

Total amount enclosed

Make check or money order payable to City of Winston-Salem.

HEALTH INFORMATION AND LIABILITY WAIVER

HEALTH INFORMATION (Required of all athletes/cheerleaders and performing artists)

To promote total health and physical fitness, events of longer duration and lower intensity are strongly recommended. High-intensity types of activities are offered primarily for the conditioned, trained athlete.

Names of Medications: _____ Medical Conditions: _____

Allergies: _____

In case of emergency, please have this medical information and proof of insurance with you at all times.

EMERGENCY CONTACTS

Name _____ Relationship _____ Phone (____) _____
Name _____ Relationship _____ Phone (____) _____
Name of Personal Physician _____ Phone (____) _____

LIABILITY WAIVER

Amateur Athletic Waiver and Release of Liability, SilverArts Participant Waiver and Release of Liability

In consideration of being allowed to participate in any way in the **2018 Piedmont Plus Senior games & SilverArts** programs, and related events and activities, the undersigned acknowledges, appreciates, and agrees that:

1. I grant permission to the Piedmont Plus Senior Games the right to use my name and any photographs taken of me during the games, without remuneration.
2. The risk of injury from the activities involved in this program is significant, including the potential for permanent disability and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury to me does exist; and,
3. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and,
4. I willingly agree to comply with the stated and customary terms and conditions for participation. If I observe any unusual significant concern in my readiness for participation and/or in the program itself, I will remove myself from participation and bring such to the attention of the nearest official immediately; and,
5. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE the City of Winston-Salem, its officers, officials, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and lessors of premises used to conduct the event ("Releasees"), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property incident to my involvement or participation in these programs WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law.
6. I, for myself and on behalf of my/our heirs, assigns, personal representatives and next of kin, HEREBY INDEMNIFY AND HOLD HARMLESS all the above Releasees from any and all liabilities incident to my involvement or participation in these programs, EVEN IF ARISING FROM THEIR NEGLIGENCE, to the fullest extent permitted by law.

If I enter the Silver Arts program of the Piedmont Plus Senior Games:

1. I also certify that any literary and/or visual work I submitted is my original creation completed since April 2016. I grant permission to Piedmont Plus Senior Games and /or North Carolina Senior Games, Inc. to publish my writing in any official games publication or any newspaper featuring SilverArts, and /or the right to use my name and any pictures taken of me during the games, without remuneration.
2. I assume responsibility for any necessary copyrights for performed work.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT. I UNDERSTAND AND CONSENT TO HAVE MY MEDICAL INFORMATION AVAILABLE TO MEDICAL PROVIDERS DURING THE GAMES.

I Have Read This Release

I Have Read This Release

Printed Name

Signature

(2 of 3)

Date Signed

This Waiver MUST be signed and dated to process this form.

I understand that it is my responsibility to check with my local Senior Games Coordinator immediately following my Local Senior Games to determine if I qualified for State Finals and to get a State Finals Entry Packet. My State Finals Entry Form with payment and all required items must be **received** in the NCSG office in Raleigh by 5:00pm on August 1st, 2018! I understand that this deadline is strictly enforced in fairness to all and it is my responsibility to make sure I am registered.

Printed Name

Signature

(3 of 3)

Date Signed